

**MAJOR/ASSOCIATED COURSES FOR THE  
BACHELOR OF SCIENCE DEGREE IN HEALTH  
TRACK I (SECONDARY TEACHING)  
BY LEVEL AND SEQUENCE**

**Freshman**

**First Semester**

PE 102 (Physical Fitness), 1 cr

**Second Semester**

PE 122 (Aerobic Activities), 1 cr

HED 233 (History and Principles of Health), 2 cr

**Sophomore**

**First Semester**

HED 234 (History and Biological Function), 3 cr

BIOL 245 (Human Anatomy and Physiology), 4 cr

**Second Semester**

HED 333 (Emergency and Care of Injuries), 3 cr

**Junior**

**First Semester**

HED 335 (Problems in Community Health), 3 cr

HED 336 (Organization & Administration of Health Programs), 3 cr

HED 339 (Diseases and Consumer Health), 3 cr

**Second Semester**

HED 340 (Environmental and Public Health), 3 cr

HED 432 (Fitness for Living), 3 cr

HED 436 (Hygiene of the School Child), 3 cr, **if needed**

HED 477 (Human Sexuality), 3 cr

**Senior**

**First Semester**

HED 399 (Health Seminar), 2 cr

HED 433 (Personal Health and Safety I), 3 cr

HED 434 (Mental Hygiene), 3 cr

**Second Semester**

HED 471 (Personal Health and Safety II), 3 cr